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Middleton House  
79 Middleton Road  
Gorleston  
Great Yarmouth  
Norfolk  
NR31 7PN

I'm pleased to say there has been a great response to Dance Estelle. If you are interested in joining, please fill in the registration and consent form enclosed and promptly return. However, due to the great response most classes are full and have waiting lists, spaces are limited to ensure a more personal tuition for each child.

**In order for you to be on the waiting list, you must return the Registration & Consent Form either by post to the address above or email [danceestelle@hotmail.co.uk](mailto:danceestelle@hotmail.co.uk)**

I look forward to your reply.

Many Thanks

*Estelle*

Classes are held at the Hippodrome Circus, The Studio, St Georges Road, Great Yarmouth, Norfolk, NR30 2EU.

Classes to be paid termly. Payment will be required by the 2<sup>nd</sup> week of term less any deposit paid. Closed School Holidays.



*"The successful performer of today is one who can adapt to any Style...Technique... or Trend..."*

**DANCE ESTELLE** gives youngsters a chance to get involved in the dynamic world of showbiz in an exciting, safe and educational way working with professional teachers. Combining dance, synchronise swimming and much more from the age of 3 years through to a professional level. Classes on offer include:

**TWINKLE TOES CLASSES (3-5 years)**

Twinkle Toes classes will be an introduction to all aspects of dance involving ballet, jazz, tap, nursery rhymes and mime. The pupils will gain co-ordination skills, discipline, deportment, space and body awareness in a fun, love and play environment. Students will get to perform in the yearly Dance Estelle Show and a demonstration at the end of each Christmas Term.

**MINIS CLASSES (5-7 years)**

Minis is the follow up class from Twinkle Toes which will lead them to explore into their skill phase in preparation for the older classes. This class will include balance, flexibility, spinning, travelling, spatial awareness, musicality and risk in a fun, love and play environment. Students will get to perform in the yearly Dance Estelle Show and a demonstration at the end of each Christmas Term.

**TAP, LYRICAL, STREET & COMMERCIAL JAZZ (7 years + Students)**

The pupils will be taught specific techniques and routines in all styles of dance from Tap, Modern, Lyrical, Street and Commercial Jazz to refine their skills & balance. Regular tests will be given to achieve grades and certificates and work will be show yearly at the Dance Estelle Show.

**BALLET CLASSES (7 years + Students)**

The class structure will be a mixture of free style ballet concentrating on co-ordination skills, discipline, deportment, space and body awareness in a fun environment. Regular tests will be given to achieve grades and certificates and work will be show yearly at the Dance Estelle Show.

**DANCE GYM (7 years + Students)**

The classes specialise in basic gym, limbering, strengthening & acrobatics combined with the flow of dance. Regular tests will be given to achieve grades and certificates and work will be shown yearly at the Dance Estelle Show.

**ELITE COMPANY CLASS (7 years + Students)**

The Elite Company Class is by invitation only for students participating in Jazz, Tap & Ballet disciplines working on their creative process. Elite train together to perform around local Holiday Parks, Venues & Competitions.

**ADULT CLASSES (16 years +)**

The classes offer a fun workout for all ages and abilities. Whether you are new to the dance world or coming out of retirement the class is adapted to suit all standards. End of term shows are completely optional – No pressure!

**BOYS WORKSHOPS (7 years + Students )**

These workshops will vary including: Circuit & Fitness, Air track & Circus Skills, Street dance - from pop to funk/hip hop! This class will help boys to gain confidence, build strength & improve co-ordination.

All Students will get to perform in the Dance Estelle Yearly show plus special annual guest appearances at the Hippodrome Christmas Circus and Water Spectacular alongside artistes from all over the world in an amazing show.



## CLASS TIMETABLE

### MONDAY - BALLET CLASSES (7 years + Students)

4.30pm -	5.15pm	Ballet 1	<u>Term – 9 weeks</u> £54
5.30pm -	6.15pm	Ballet 2	£54
6.30pm -	7.15pm	Ballet 3	£54
7.30pm -	8.15pm	Ballet 4	£54

\* If you attend both Ballet & Gym fees are discounted to £85

### TUESDAY - SENIORS (13 years + Students) TAP, LYRICAL, STREET & COMMERCIAL JAZZ

6.15pm -	8.15pm	13yrs+	£119
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### WEDNESDAY - SENIORS (13 years + Students) TAP, LYRICAL, STREET & COMMERCIAL JAZZ

6.15pm -	8.15pm	13yrs+	£119
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### THURSDAY - TWINKLE TOES CLASSES (3-5 years) & MINIS CLASSES (5-7 years)

4.15pm -	5.00pm	Twinkle Toes 3-5yrs	£54
5.15pm -	6.00pm	Minis 5-7yrs	£54

### THURSDAY - ADULT CLASSES (16 years +)

7.00pm-	8.00pm	16yr+ Jazz	£6 per session
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### FRIDAY – ELITE COMPANY CLASS (7 years + Students by invitation only)

5.00pm-	6.00pm	Elite Juniors	£54 (Paid to Tamara)
6.15pm -	7.15pm	Elite Seniors	£54 (Paid to Tamara)

### SATURDAY - (7-12 years Students) TAP, LYRICAL, STREET & COMMERCIAL JAZZ

10.00am -	11.30am	Juniors (7/10yrs)	£108
11.45am -	1.15pm	Intermediates (10/13yr)	£108

### SATURDAY – DANCE GYM (7 years + Students)

1.30pm -	2.15pm	Silver Dance Gym	£54
2.30pm -	3.15pm	Gold Dance Gym	£54

**Classes to be held at the Hippodrome Circus, The Studio, St Georges Road, Great Yarmouth, Norfolk, NR30 2EU. Classes to be paid termly. Payment will be required by the 3<sup>rd</sup> week of term less any deposit paid.  
Closed School Holidays.**

### PRINCIPAL ESTELLE CLIFTON A.I.S.T.D / FDI, DBS & FIRST AID QUALIFIED

Estelle gained her ISTD teachers qualification at Performers Dance College, near London, where she then went on to professionally dance in numerous theatre shows and made many television appearances with Jonathon Ross, Cliff Richard, Paul Daniels, Cilla Black and appeared in the Royal Variety Performance.

Estelle has been teaching children for the past 25 years and has been the resident choreographer for Peter Jay's world famous Hippodrome Circus and Water Spectacular for 23 years. Her latest credits are the new successful shows 'Pirates Live' & 'The Halloween Spooktacular'.

Her other choreography credits include "Circus of the Streets", "Billy Smarts" touring show and "Sunday Night Live" at the London Palladium.

Estelle wants to pass on her knowledge and experience so other young people's dreams can come true. Estelle is proud to say that the majority of her professional dancers at the Hippodrome were once her Dance Estelle Students.

***"It is a privilege to be part of every student's journey, to watch a pupil become more confident in person, more technical in ability and grow into the people they're going to be"***

## REGULATION UNIFORM

### TWINKLE TOES ( 3-5 years) & MINIS (5-7 years)

**Girls:** Pink ballet dress, pink wrap cardigan, pink leather ballet shoes, pink ballet socks or pink ballet tights & black low heel tap shoes.

**All girls Twinkle Toes uniform can be purchased from 'Flirts' [www.shopdance.co.uk](http://www.shopdance.co.uk)**

**Boys:** Purple t-shirt, to be purchased from Dance Estelle.

With your own black bottoms, Black Jazz shoes & Tap shoes.

**These can be purchased from Flirts' [www.shopdance.co.uk](http://www.shopdance.co.uk)**

### TAP, LYRICAL, STREET & COMMERCIAL JAZZ (7 years + Students)

**Girls:** Purple leotard or crop top & knickers, to be purchased from Dance Estelle.

With black footless opaque support tights, flesh pull on split sole jazz shoes & black tap shoes.

**These can be purchased from Flirts' [www.shopdance.co.uk](http://www.shopdance.co.uk)**

**Boys:** Purple t-shirt with black bottoms, to be purchased from Dance Estelle.

Black or Flesh Jazz shoes & Black Tap shoes.

**These can be purchased from Flirts' [www.shopdance.co.uk](http://www.shopdance.co.uk)**

### BALLET CLASSES (7 years + Students)

**Girls:** Purple leotard, to be purchased from Dance Estelle.

Purple wrap cardigan, pink ballet tights and pink leather ballet shoes.

**These can be purchased from Flirts' [www.shopdance.co.uk](http://www.shopdance.co.uk)**

**Boys:** Purple t-shirt with black bottoms to be purchased from Dance Estelle.

Black leather ballet shoes.

**These can be purchased from Flirts' [www.shopdance.co.uk](http://www.shopdance.co.uk)**

### DANCE GYM CLASSES (7 years + Students)

**Girls:** Purple leotard or crop top & knickers, to be purchased from Dance Estelle.

With black footless opaque support tights & bare feet.

**These can be purchased from Flirts' [www.shopdance.co.uk](http://www.shopdance.co.uk)**

**Boys:** Purple t-shirt & purple shorts with bare feet to be purchased from Dance Estelle

### ELITE COMPANY CLASS (7 years + Students by invitation only)

Any Black dancewear can be worn but girls clothing must be tight i.e. leggings, crop tops, leotards, dance shorts.

### ADULT CLASSES (16 years +)

No uniform required, comfortable clothing to enable full range of movement.

(i.e.) Tracksuit, leggings, trainers - **NO JEANS!**

### BOYS WORKSHOPS (7 years + Students)

No uniform required, comfortable clothing to enable full range of movement.

(i.e.) Tracksuit & trainers - **NO JEANS!**

#### DANCE ESTELLE REGULATION UNIFORM PRICES

Boys purple Dance Estelle t-Shirt	3-13yr /Adult S, M, L, XL	£13
Boys purple Dance Estelle shorts	Made to measure	£22
Girls purple Dance Estelle leotard	Sizes 0-3a / 3-4 / Sizes 5+	£22/ £24 / £28
Girls purple crop top & knickers	Sizes 0-1b / 2-3a / 3-4 / Sizes 5+	£40/ £42 / £43 /£48

#### DANCE ESTELLE OPTIONAL UNIFORM ITEMS

Dance Estelle onesie ( <b>not to be worn in class</b> )	5-13yr /Adult XS-XL	£30 / £35
Dance Estelle black & white Jackets	5-13yr / Adult XS-2XL	£28 / £32
Boys black & white bottoms	5-13yr / Adult XS-2XL	£16 / £20
Dance Estelle back pack	Any Colour	£20
Dance Estelle messenger bag/bum bag	Any Colour	£22/ £15
Dance Estelle dance bag – Girls	Any Colour	£22



**REGISTRATION FORM**

STUDENTS NAME	
ADDRESS	
POST CODE	
Parent MOBILE NO.	Whatsapp Yes / No
Parent HOME NO.	
DATE OF BIRTH	AGE: MALE/FEMALE
CLASS REQUIRED	TIME:
Parent EMAIL	
Parent FACEBOOK	Name on Facebook

Have you had any previous dance experience? Please state below.

**2<sup>ND</sup> CONTACT IN CASE OF EMERGENCY** (We will only use this if we cant reach you)

NAME	
TEL. NUMBER	

**MEDICAL HISTORY**

Do you suffer from any medical conditions or allergies? If so please state in below.

Are you on any medication? If so please state in below.

Please state any other medical problems or injuries.

Name of GP	
Address of GP	
Tel No. of GP	

I have completed and understand all of the above information that is necessary whilst in the care of Dance Estelle.

Parent/Guardian Signature..... Date.....

**Please fill in both sides of the form & return to Estelle ASAP. In order for you to be added to the waiting list, you must return the Registration form.**

**Principal:** Estelle Clifton AISTD/FDI  
**Mobile:** 07787 890885  
**Email:** danceestelle@hotmail.co.uk  
**Website:** [www.danceestelle.com](http://www.danceestelle.com)  
**Facebook:** Estelle Clifton Dance Estelle  
**Instagram:** dance\_estelle



**Data Protection: Referral Consent Form**

**Permission to store & process your data:**

As your child will be involved in many shows it is regulation that parents consent is needed for photographs and video images to be taken of your child. This consent will enable them to be in promotional photographs and videos used for the press, displays & social media advertising.

As part of the new GDPR Regulations & Mutual Sharing Data Agreement I am required to have your permission to control your personal data. Each one of the students in the school have a record with their contact & medical details. Therefore, if I'm unable to run a class for any unforeseen circumstances (e.g. weather conditions) or if something happens to your child, I am able to contact parents & guardians.

To comply with data protection, we must ask your permission to store & process your personal data. All data is locked away & only staff have access to these files (Teachers, Assistants, Matrons/Chaperones, Costume Suppliers, Costumer Makers, Costume Designer, Office staff at the Hippodrome Circus & Dance Organisations for any outside competitions or events). We will add you to a Class WhatsApp group to keep you updated on any letters, videos, class & show information for your child.

Whilst teaching your child physical contact may be needed to help with safe dance practice and to ensure students are using the correct technique. This will be done in a professional and considerate manner.

Please sign below to give your consent to Dance Estelle to record & process your personal data for all the above.

Name of Child.....

Signature of Parent / Guardian.....

Date.....

**Please fill in both sides of the form & return to Estelle ASAP. In order for you to be added to the waiting list, you must return the Registration form.**